



Eastern Saints Water Polo Club

Volume 1, Issue 1 January 2016



**TRAINING RETURNS
18TH JANUARY**

**NEW PLAYERS COME AND
TRY WITH 3 FREE SES-
SIONS!**

**BRING A FRIEND AND YOU
GET THREE
TRAINING SESSIONS FREE!**

CLUB NEWSLETTER—JANUARY 2016

GAMES RESTART THIS WEEK!

WEDNESDAY 20th JAN

B Men
BOSA v ES
7:50pm at AAC

B Women
ES v Henley Sharks
7:00pm at St Peters

THURSDAY 21st JAN

U18 Boys
BYE this week

U16 Boys
Henley Sharks v ES
6:45pm at AAC

U17 Girls
Henley Sharks v ES
7:00pm at St Peters

SUNDAY 24th JAN

U14 Mixed
ES v Tritons
4:30pm at AAC

U12 Mixed
ES v Tritons
4:10pm at St Peters



Welcome to Eastern Saint's Water Polo Club's first newsletter. We trust that you all had a wonderful Christmas and New Year and enjoyed special times with your family and friends.

Club training will resume January 18th, and we thought this would be a great time to reflect on the year that was; and acknowledge the highlights for our club.

We anticipate releasing newsletter on a quarterly basis with links being posted on our website and Facebook Page. This will give all our mebers the chance to be kept informed as things happen within the club.

If there is something that you would like to see us cover or have some news to share, please feel free to contact us by email and let us know.

So grab yourself a cuppa, and let us know what you think!

Warm Regards,
Eastern Saints Water Polo Club Committee

PRE-SEASON BBQ

To bring everyone together before the summer season started we held a “pre-season barbecue” in October.

It was great to see attendance across the board and hope to make this an annual event.

A BIG THANK YOU to all who helped organise this event and to all who attended. It was a great start to the new season.



2015 STATE SQUAD REPRESENTATION

2015 saw a strong Eastern Saints representation in State Teams that went away

We congratulate the following players who represented SA

Emma Eade
U14 Girls

Tahlia Scipioni
U14 Girls

Molly Staples
U14 Girls

Nic Maddern
U14 Boys

Nate Scipioni
U14 Boys

Aiden Scipioni
U14 Boys

Jack Cleary
U16 Boys

Carys Jones
U16 Girls

Llewy Smith
U18 Boys,
U20 Boys &
National League



EASTERN SAINTS COMMITTEE:

Club committee members are volunteers who assist with the administration and promotion of our club. If you would like to assist in the running of the club please feel free to drop us an email or call us for more info. We hold 3-4 meetings per year plus communicate by email as things arise.

If you would like to participate in the growth of our club and committee, please feel free to contact us.
Current Committee

members:

- Maritza Manojlovic – Chairperson / Board Representative / C&G representative (interim)
- Anna Porcaro – Secretary / Treasurer
- Prue McMichael – Board representative
- Graeme Litster – Junior Boys representative
- Matt Martin – Senior Players representative
- Will Simpson - SPOC representative
- Catherine O’Sullivan – Junior Girls representative
- Leanne Scipioni
- Kerstin Lesicar
- Emma Thomas

We would like to thank past committee member, Steve Piech who represented Eastern Saints and the C&G meetings but has had to step down in the latter part of this year due to work commitments.

CLUB COACHES AND REFEREES

Graeme “Fuzz” Litster:

Graeme Litster, lovingly known as Fuzz, comes from a long history with Water Polo in South Australia and Western Australia. Graeme initiated the Flippa Ball competition in WA which has since been adopted throughout Australia allowing young players be introduced to the sport as early as 8 years old. Graeme has a wealth of invaluable knowledge and has been an integral part of Eastern Saints’ growth and coaching since its inception in 2008.

Leanne Scipioni:

Leanne has been a committee member for several years and joined our coaching team in the later part of 2015 as U12 coach. Leanne comes from a swimming background being a fully qualified swim instructor. Her skills and wonderful approach with our ‘up and coming’ stars is a great asset to the club.

Matt Martin:

During 2015, Matt took a more active role in the club, coaching Senior Men, Senior Women, U18 Boys and U17 Girls. His experiences as a former Australian Water Polo Player in the 2013 World Aquatic Championships and the 250+ games played for the National League teams the Adelaide Jets and Brisbane Barracudas has helped our club to develop immensely. Since retiring from National competition, Matt has now joined in playing for our B Grade men’s team.

Nate Scipioni:

Nate plays for our U16 & U18 Boys teams and has been a great ambassador for the club by encouraging many of his class mates to come and join. He competed at the 2015 U14 Boys National Club Championships for the Adelaide Stealth. Enthusiastic to expand his coaching abilities, Nate will be the coach for the U14 team with senior mentoring.

Catherine O’Sullivan:

Catherine, who has been with the club since its inception,

now coaching state, club and school water polo. Catherine represented South Australia as a junior player in multiple age group. At the beginning of 2015, Catherine was appointed by Water Polo SA as U14 Girls State Development Head Coach. Catherine’s input in the club regarding coaching, rules and game play is invaluable to the club.

A special THANK YOU goes out to our up and coming ‘stars’ who help out pool side with coaching, refereeing and assisting our current coaches. These include; Ben Piech, Lewy Smith, Nic Maddern, Christopher Lesicar. Team Managers and Team Scorers.

Well done to Nic Maddern and Christopher Lesicar who completed the Referee Training in October 2015.

Growth of Club

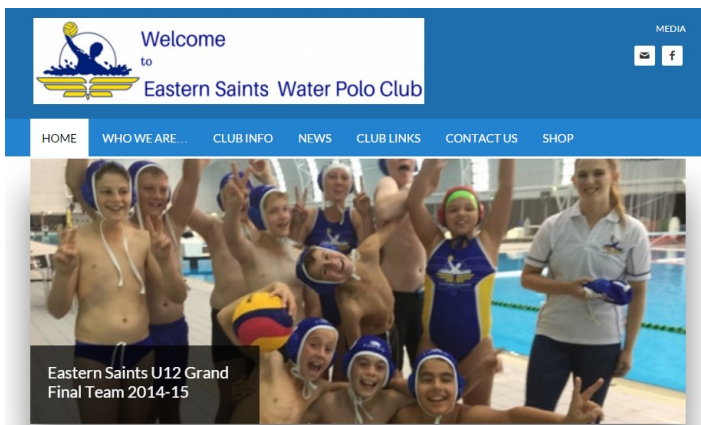
Our club saw nearly a 50% growth in membership this year growing from 42 registered members last year to 62 this year.

We would like to congratulate everyone on being so diligent in making sure that players were all registered by the 3rd week of play with only new members joining after that time needing to register within 2 games played.

The growth made it possible for the club to submit teams in 7 categories this year. This is the largest Eastern Saints Representation to date. Most teams have done well this season yet there is still room for growth especially in the U17, U18 and U12 categories.

This is a massive effort for such a small club. **A BIG Thank You to everyone on their effort** in retaining and encouraging members to support Eastern Saints.

Have you visited our new website yet?



Our new and improved website lets you

- Access it on your phone or tablet
- Order club uniforms/bathers
- Pre Purchase Training packs
- Stay up to date on fixtures and training times

Make sure to visit the **Club News** sections to keep up to date with what is happening in our club and Water Polo SA

<http://easternsaintswaterpolo.com>



**Eastern Saints would once again like to congratulate everyone on a
JOB WELL DONE for 2015!**

We look forward to a bigger and brighter 2016!

Please let us know your feedback on this newsletter.